

*A new day and new life is waiting for you...*

*“The number of individuals suffering from addiction and mental health issues has continued to rise and the effects of Chemical Dependency not only impact the individuals that are addicted, it has a large effect on families.”*

**Patricia M. Pike**  
Interventionist and Addictions Specialist  
LAADC, CADC-II, I.C.A.D.C, BRI- I  
License # RA851406



**Patricia M. Pike, Addiction Specialist**  
LAADC, CADC- II, I.C.A.D.C. and BRI-I

Patricia holds Masters level certifications in Addiction Studies with an LAADC and CADC II - in the state of California, as well as an I.C.A.D.C International Certification, and is a Board Registered Interventionist - BRI I, both in the United States and Canada.

Ms. Pike techniques of helping families are using “The Johnson Model” (*surprise intervention approach*) and The Family System (*invitational approach*) by *Educating* families, *Advocating* for the addicted person and *Mediation* providing change in the whole family system.

Ms. Pike has had the privilege of working both in Canada and the United States for over two decades in such capacities as: Executive Director, Professional Consultant, Addiction Specialist, Family Interventionist, and Family Coach. She has been in private practice for over 8 years in both the San Francisco Bay Area and Vancouver, British Columbia.

Patricia’s experience includes working with all age groups and persons from all walks of life – she has helped thousands of men, women and youths recover from addiction to alcohol and drugs, eating disorders, complex disorders, gambling, and sex addictions.

Patricia holds citizenship in both the U.S. and Canada which gives her a diverse perspective working in both a social health care system, and with the U.S. health system and providers. She has a clear understanding of the resources available in both the United States and the Canadian health and mental healthcare systems.

Patricia is very passionate and hands on with each case, and creates plans that can work for families and /or individuals with the flexibility to fit the needs of both the addicted individual and their family. She has great passion in helping clients and their families get their lives back on track and to live an authentic life of purpose and dignity.

Can Am Addiction Intervention Services will provide addiction intervention / treatment services and consultation to individuals and their families to clear the path to recovery and facilitate freedom from the devastating and deadly disease of addiction.

# **CANAM** *intervention* *Services*

**International Certified  
Interventionist**

**“Johnson Model “Surprise  
Approach” and “Invitational  
Approach” The Family System  
Model”**

*“Across the Border” and “Across  
Addictions” we will provide a professional,  
caring and effective “Social Model  
Approach” for Families in providing  
Interventions, Family Coaching, and Case*



**“Addiction Specialist & Interventionist”**

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## What is an intervention?

An intervention is a great act of love! An addiction intervention is a life saving mission whereby loving family members and concerned friends or employers are educated about addictions and led by a trained addiction interventionist for the purpose of helping the sick loved one with an opportunity for recovery.

## What are the affects on the family?

The number of individual's suffering from addiction and mental health issues has risen dramatically over the last decade. Seeking help is confusing and difficult due to the stigma and shame attached to chemical dependency. Patricia Pike has created CanAm Intervention Services to bring families a solution to support loved ones in gaining freedom from active addiction through the process of recovery for the addicted person and for their loved ones. Many families have made numerous, unsuccessful attempts to help their suffering loved ones. They may have tried various approaches to control or "fix", the addicted or struggling individual or they may have sought help to relieve their suffering from resources such as friends, clergy, doctors, lawyers and other professionals. Despite these efforts, families often find little consolation and the addict, alcoholic, or mentally ill individual continues to struggle. Frustration, fear and anger build, disrupting the family unit until they reach the "jumping off point" and seek addiction-related professional help.

## What is Addiction?

Alcoholism, drug dependence, and addiction, known as *substance use disorders*, are complex problems. People with these disorders once were thought to have a "defective character", or "moral weakness"; some people mistakenly still believe that. However, most scientists and medical researchers now consider dependence on alcohol or drugs to be a long-term illness, like asthma, hypertension (high blood pressure), or diabetes. Most people who drink alcohol drink very little, and many people can stop taking drugs without struggle. However, some people develop *substance use disorder* - use of alcohol or drugs that is compulsive or dangerous (or both).

## *The Intervention and Preparation Process:*

### 1.) Initial Consultation

Develop a thorough history of the problem and the IP and family dynamics. With this information we can begin formulating a list of intervention and treatment options appropriate for the IP.

### 2.) Intervention Preparation

Working with your family and /or business to educate and select a group to attend the intervention. Rehearsal sessions will be held prior to the day of the intervention.

### 3.) Treatment Coordination

Treatment planning and coordination to secure the best treatment program for the IP. The family will also be involved in the decision making process for the best treatment options for the IP.

### 4.) Intervention

An orchestrated surprise intervention with the IP and the selected group will be led by an interventionist. We will arrange and assist transporting the IP to the selected treatment program.

### 5.) Follow-up & Aftercare

Family Coaching provided with aftercare services for 14 days after the intervention. Referrals will be offered to selected group members for ongoing professional support.

*"A New Day and a New Life is waiting for You"*

#### SERVICES OFERED

- Family Interventions
  - Addiction Specialization
  - Family & Client Consultation
  - Professional & Employee's Consultation
  - Family Coaching & Case Management
  - Addiction Assessment
  - Travel, Mentoring & Companionship
  - Treatment Referral
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